



# Abseiling

Abseiling is a challenging experience for children & young people; creating an opportunity for them to literally take control of their own lives as they control their descend down our 10 metre abseil wall.

## Learning themes include:

- Confidence
- Problem solving
- Resilience

For more information:

**Call:** 01606 889097

**Visit:** [www.pettypool.org.uk](http://www.pettypool.org.uk)